Increasing Awareness of Nutritional Resources of Families Living in Suburban Cook County

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Background
● Public Health nurses from suburban Cook County found that there was a lack of nutritional resources available to them.
● Such resources are provided to families of infants and children enrolled in the Adverse Pregnancy Outcomes Reporting System (APORS) at time of home visit.

Methods
Nursing students located in the South and Southwest districts of CDPH gathered information on food pantries in these regions.

Data obtained through online research and telephone calls to directors of food pantries.

A handout was developed for distribution by nurses to families.

Outcomes
• Nurses from CDPH determined this was a useful intervention.
• Brochures will be distributed to needy families during home visits.

Objectives
● Identify access to nutritional resources for infants, children and families with a low socioeconomic status.

● Obtain information regarding the demographic data, average household income, average number of people in a household and age of family members.

● List various food pantries along with their location, hours of operation, resources available, and the steps needed to take advantage of this resource.

References

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